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Olympia Golden Beach

RESORT & SPA

Dream Spa menu

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*Give your body
a little freshness,
a little care,
and live... a dream!*

GENERAL *info!*

The Dream Spa is in the heart of the resort and offers you the opportunity to enjoy Dreamy services!

Feel the precious benefits of water, steam and heat using our hydrotherapy media and facilities.

Travel your senses through selected treatments aimed at the ultimate relaxation of body and mind, combining programs based on your own unique needs.

Leave yourself to the care of our specialized therapists and treat yourself and your loved ones with unique wellness experiences that will take your vacation to the next level.

Dream Spa Team



DREAM SPA
10:00 - 20:00
daily



RESERVATIONS
☎ 173
or at reception
of the Spa

DreamSpa@ogb.gr

SERVICES & facilities



- **Equipped Changing Rooms**
- **Single & Double Treatment Cabin**
- **Indoor Heated Pool**
30' ⌚ | 15 €
- **Steam Room**
30' ⌚ | 15 €
- **Dry Sauna**
30' ⌚ | 15 €
- **Dreamy H₂O 60'**
(combined use of pool, sauna and steam room)
60' ⌚ | 25 € per person
40 € for 2 persons
- **Hydrotherapy Bath**
20' ⌚ | 45 €

FACIAL Treatments



- **Hydra Original Treatment**

Plumping Thirst Relief facial with Organic Algae – Organic Superfood. Treat your skin to a “soak” of moisture with a treatment that pairs detoxification and hydration with high performance organic marine active ingredients in synergy with a multi-sensory facial massage, for skin that is plumper, more revitalized and more luminous.

50' ⌚ | 75 €

- **Douceur Marine – Sensitive Skin**

An ideal treatment for sensitive skin that calms and relieves immediately. It acts instantly on irritations due to the great composition of soothing ingredients. Water from sea springs, algae sugars, and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin..

50' ⌚ | 75 €

- **City – Life “Sorbet” Care**

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The “Sorbet” delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

50' ⌚ | 80 €

- **Eye & Lip Contour Treatment**

An anti-wrinkled eye treatment with collagen's marine elements and elastin. It soothes the wrinkles of the eye contour and helps in decreasing the edemas and dark circles. At the same time, enjoy a complete lip treatment. A cocktail of exfoliation with very effective ingredients which stimulate circulation, while the splendor mask balm with hyaluronic nourishes – soothes – hydrates – tones the contour of the lips by giving them natural volume.

35' ⌚ | 55 €

- **Expert Youth – Antiaging Treatment**

An anti-wrinkle –firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells' restructure and to the collagen and elastin fibers reproduction as well.

The sea retinol and hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant-firming and smoothing wrinkles treatment with 100% natural – effective ingredients of the marine resources – which reinvigorate your skin, against the deterioration of time.

50' ⌚ | 85 €

- **Skin Escape for Men**

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on face, hydrates and calms the skin from any irritation. Suitable for men's skin, it gives freshness and a smoothing effect.

50' ⌚ | 75 €

BODY Treatments



- **Shimmer Satin Treatment - Exfoliation & Hydration**

We proceed with a deep cleansing with salts, corals and hazelnut oil, coconut oil, soya, nut and Oligomer (solidified sea). Then apply a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone of your skin and prepares it to be safely exposed to the sun.

45' ⌚ | 65 €

- **OLIGOMER® Pure – Ocean Moments Marine Balneotherapy**

A total detoxifying and relaxing treatment in 2 steps: immerse into a detoxifying balneotherapy soak followed by a relaxing full-body massage.

60' ⌚ | 85 €

- **OLIGOMER® Spa Peeling**

A rejuvenating exfoliation and massage for clean, radiant and detoxified skin. Peeling in cream gel gives your skin a silky effect.

25' ⌚ | 40 €

- **Golden Spa Youth Face & Body Care with 24k Gold**

Face and Body treatment for detoxification, hydration, remineralization, antiaging, renewal, rejuvenation, wellness, through the luxury of gold and the subtle scent of the flowers of the fields and the desert.

Artemisia, the flower of Passion, minerals, metals such as gold, pearl and the scent of daisies take you on a magical journey of the senses and the flow of positive energy enveloping you in a veil of gold. Freshness – scents and glow in the eternal art of beauty.

75' ⌚ | 150 €

- **Cocooning Spa Jet**

Feel the vital energy of water in a unique journey of rejuvenation. The therapies of the Spa Jet offer a tremendously relaxing experience and a sense of euphoria. The combination of Vichy Shower, tropical rain, aromatherapy, color therapy and steam massage at four various temperatures, offers treatments that cater for your personal needs. Select the treatment that suits you better.

30' ⌚ | 55 €

SIGNATURE *Treatments*



- **The Ritual of Mother Earth**

A comprehensive treatment for hair, face and body based exclusively on pure products from our blessed land. Discover the magical beauty properties offered by watermelon and potato and give your skin a velvety look, deep nourishment and hydration. Indulge in the powers of mother earth and shine naturally.

60' ↻ | 140 €

- **After Sun Grandma's Secret**

A soothing-moisturizing care for face and body with yogurt, banana and honey, ideal for irritated skin after the sun. With anti-inflammatory properties and astringent action, this age-old treatment gently exfoliates, reduces facial pore size, provides hydration-regeneration, firm skin, restores skin elasticity, whitening, prevents signs of aging and helps in the treatment of skin inflammations

40' ↻ | 100 €

MASSAGE

Treatments



- Candle Care**
Relaxing massage using fine creamy warm wax with the scent of your choice, for an amazing experience of hydration and relaxation.
45' ↻ | 80 €
- Leg's Massage**
Gentle massage for tired legs. It offers you immediate relief as it reduces tension, releases blocked energy, strengthens blood and lymph circulation.
25' ↻ | 50 €
- Lava Shells Tropical Massage**
Ideal choice for lovers of alternative massages. The energy of the ocean shells, their warmth and the ritual of this particular massage treatment, offer a special experiential knowledge that is worth knowing.
55' ↻ | 95 €
- Deep Tissue Massage**
A dynamic massage therapy that works deep, releases tight muscles and tension, giving stimulation and well-being.
30' ↻ (back massage) | 55 €
55' ↻ (full body massage) | 90 €
- Swedish Massage**
Classic massage for the whole body, adapted to your own unique needs, for complete relaxation and well-being.
50' ↻ | 75 €
- Head & Face**
Face-head massage that helps to deal with migraine-headaches, offers relief from stress and stimulates blood circulation, giving shine and freshness to the facial skin and hair.
25' ↻ | 50 €
- Aromatherapy**
Holistic massage therapy using essential oils to relax, stimulate and rejuvenate mind and body.
50' ↻ | 85 €
- Pregnancy Massage**
Relaxing special care for pregnant women, using pure olive oil.
50' ↻ | 85 €

SPECIAL *packages*

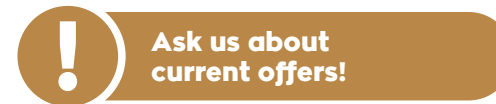


- **Spachelor**

Let's design it together to make it your dreams!

- **Special Occasions**

For birthdays, anniversaries etc. We are here for you!



SPACHELOR



BIRTHDAY



ANNIVERSARY



KID'S *Massage*

- **Chocolate Therapy**
25' ⌚ | 50 €
- **White Lily's Touch**
Aromatherapy for the flowers of your heart.
30' ⌚ | 45 €
- **Godefridus Care**
Relaxing massage for your little princes.
30' ⌚ | 45 €

SALON *services*



- **Manicure**
50' ⌚ | 45 €
- **Pedicure**
60' ⌚ | 55 €



Hairdresser services
upon consultation
with an external partner



Dear guests,

Our priority is your safety and relaxation. For this reason, we kindly ask you to follow the instructions below:

- Come to the spa **10 minutes earlier** than the scheduled appointment so that you have time to prepare properly.
- Throughout your stay in the spa areas you must wear **your bathing suit** for reasons of decency. We will provide you with a towel, bathrobe and disposable slippers.
- Leave your **personal valuables in your room**. The spa has no responsibility for their loss or destruction.
- Leave your mobile phone in **silent mode** and secure it in the **locker** we provide.
- Always use the **shower** before using the facilities for hygiene reasons.

- Please **do not use sunscreens** or other creams and oils during your stay at the spa.
- Follow the relaxing atmosphere by speaking **softly**.
- Children under the **age of 15** are not allowed in the spa area.

CANCELLATION POLICY

- In case you want to cancel your appointment, please notify us at least 12 hours before, in order to avoid partial or full billing.
- Delayed arrivals lead to a reduced duration of treatment without changing the cost of the treatment.

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