



### Swimming Lessons

**Private (1person): 30min 20€**

**Semi private (2persons): 30min 30€**

*Available everyday upon request*

Learn to swim with confidence. Olympia Golden Beach offers swim lessons for infants, children, teenagers and adults. With classes for those ages six months and older, you and your entire family can learn to master the skills needed to help you swim safely.



### Nannies

**Private (1person): 1h 20€**

**Semi private (2persons): 1h 30€**

*Available everyday upon request*

Olympia Golden Beach offers secure caring for your infant, child or teenager with qualified staff to make sure that they will have a great time during your stay.

Instructor: Anastasia Andreou  
anastasia\_923@hotmail.com



### Pilates - Yoga/Meditation

**1 session: 1h 50€ per person**

**Or 5 sessions min: 40€ per person**

*Available everyday upon request*

If you're looking to develop core strength and balance, when practiced Yoga and Pilates are both ideal for this. Indulge your mind and body in a variety of activities with our highly-qualified instructor. Learn powerful ways to enhance your quality of life while you soak up the magic of Olympia Golden Beach and enjoy sessions by the sea and rejuvenate



### Personal Training

**1 session: 1h 50€ per person**

**Or 5 sessions(1h) 40€ per person**

*Available everyday upon request*

To keep fit while on holiday Olympia Golden Beach offers the skill and friendly professionalism of a personal trainer, who designs a personalized program for each guest.